


## Sizing Chart

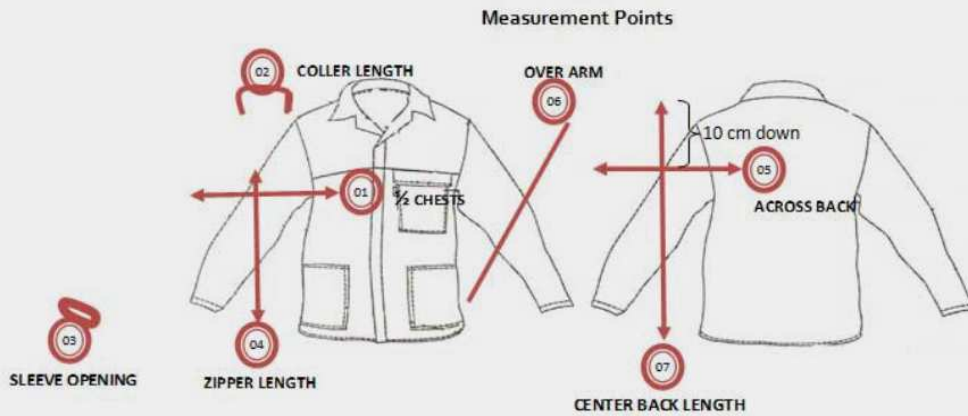
When selecting the correct size garment it is important to ensure that the correct measurements are being used, and to remember that when purchasing a conti suit, the sizing of the jacket and trousers is as per the table below.

By following the simple table below, you will quickly and reliably identify the correct size to ensure a comfortable and safe fit. For a more detailed sizing chart for the jacket and trousers and detailed measuring instructions [click here](#)



Suit Size	Inches			SURCHARGE	Centimeters	
	Trouser Size	Jacket Size			Waist <b>2</b>	Chest <b>1</b>
34	30	34		S	77	87
36	32	36		M	82	92
38	34	38			87	97
40	36	40		L	92	102
42	38	42			97	107
44	40	44		XL	102	112
46	42	46	10%		107	117
48	44	48	15%	2XL	112	122
50	46	50	20%		117	127
52	48	52	25%	3XL	122	133
54	50	54	30%		127	138
56	52	56	35%	4XL	133	143
58	54	58	40%		138	148
60	56	60	45%	5XL	143	153
62	58	62	50%		148	158

## Detailed Sizing- Jacket



### *Both Standard & the Triple Stitch Share the Same Spec/Measurement Points*

- Measure straight across from side seam to side seam at base of armhole
- Open the neck & measure along collar seam end to end
- Cuff circumference at cuff opening
- Measure from zipper head to bottom of the zipper
- Measure 10cm down from neck point
- Measure from shoulder point to sleeve hem edge
- Measure center back seam below collar to bottom hem edge

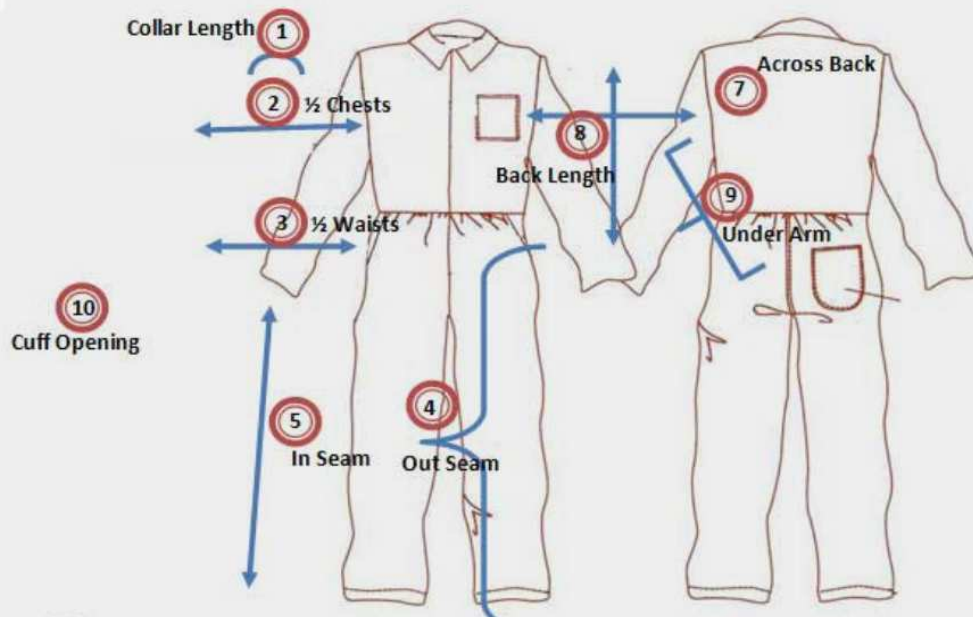
## Detailed sizing Trousers



### *Both Standard & the Triple Stitch Share the Same Spec/Measurement Points*

- Place the forefinger inside the waistband and apply sufficient tensions to stretch the waistband to its max length, measure along the center of the waistband
- Measured 20cm below the top of the waistband
- Measured from top of W/B to bottom hem edge
- Measured along the inside leg hem
- Measured from the zipper head to bottom of the zipper

## Detailed sizing Boiler Suits



- Open the neck & measure along collar seam end to end
- Measure straight across from side seam to side seam at base of armhole
- Measure along the center of the waist
- Measured from top of waist to bottom hem edge
- Measured along the inside leg hem
- Measured along hem edge
- Measure 8cm down from neck point
- Measure center back seam below collar to waist
- Measure along the base of armhole to hem edge
- Cuff circumference at cuff opening